



# sourceyoga

Center for Yoga and Mindfulness

## Mindfulness Based Yoga Teacher Training Application - 2021

Applicant Information			
Name:			
Date of birth:		Phone:	
Email Address:			
Current address:			
City:	State:		ZIP Code:
Employment Information			
Current employer:			
Position:			
Emergency Contact			
Name of contact:			
Address:			
City:	State:	ZIP Code:	Phone:
Relationship:			
Yoga Practice			
How long have you studied yoga?			
Describe your personal yoga journey and practice:			

What is your experience with meditation and/or mindfulness practice?

Do you, or have you, taught yoga in the past?

Do you have experience teaching in any other field?

**Wellbeing**

Do you currently have any medical or psychological issues? (Illness, injuries, substance abuse, post-traumatic stress, serious depression)?

If so, do you have support around these issues (medical treatment or therapy, medications)?

**Training**

Why are you interested in participating in this training?

What do you hope to get out of this training?

How did you find out about Source Yoga's teacher training program?

### Payment Information

I would like to pay with:

Check  
Credit Card

Payment Amount:

Early Bird (1/15/2021 or earlier) - \$3200 (application fee included)  
Regular Price (1/16/2021 or later) - \$3400 (application fee included)  
Payment Plan (application fee plus \$600 first payment) - \$800  
Application Fee only (non-refundable) - \$200

Fill out this section if paying by credit card.

Source Yoga accepts Mastercard and VISA.

Cardholder's Name

Card Number

Security Code (CVV)

Card Expiration

### Waiver and Payment Authorization

Your teacher will encourage you to work at your own pace and listen to your body, being responsible for your own well-being. Please keep this in mind as you practice, and participate in classes that are appropriate for your physical ability. If you have any questions regarding this, you may contact Erin or Rebecca.

I understand that yoga can be physically strenuous and I participate in it with full knowledge that there is risk of personal injury. I agree that I will in no way hold Source Yoga or its teachers responsible for any injuries that I may incur.

My signature below also authorizes Source Yoga to charge my credit card (if paying by credit card) in the amount indicated in the payment information section above.

Signature of applicant:

Date:

### To complete your registration:

Type your information above, sign the form, and return it to us, either via email ([info@sourceyogaonline.com](mailto:info@sourceyogaonline.com)) or in person at one of the Source Yoga Studios. Your application fee is payable when you register.

Please note! The \$200 application fee is non-refundable.

Thank you! We look forward to working with you to enhance your practice and earn your yoga teacher certification!